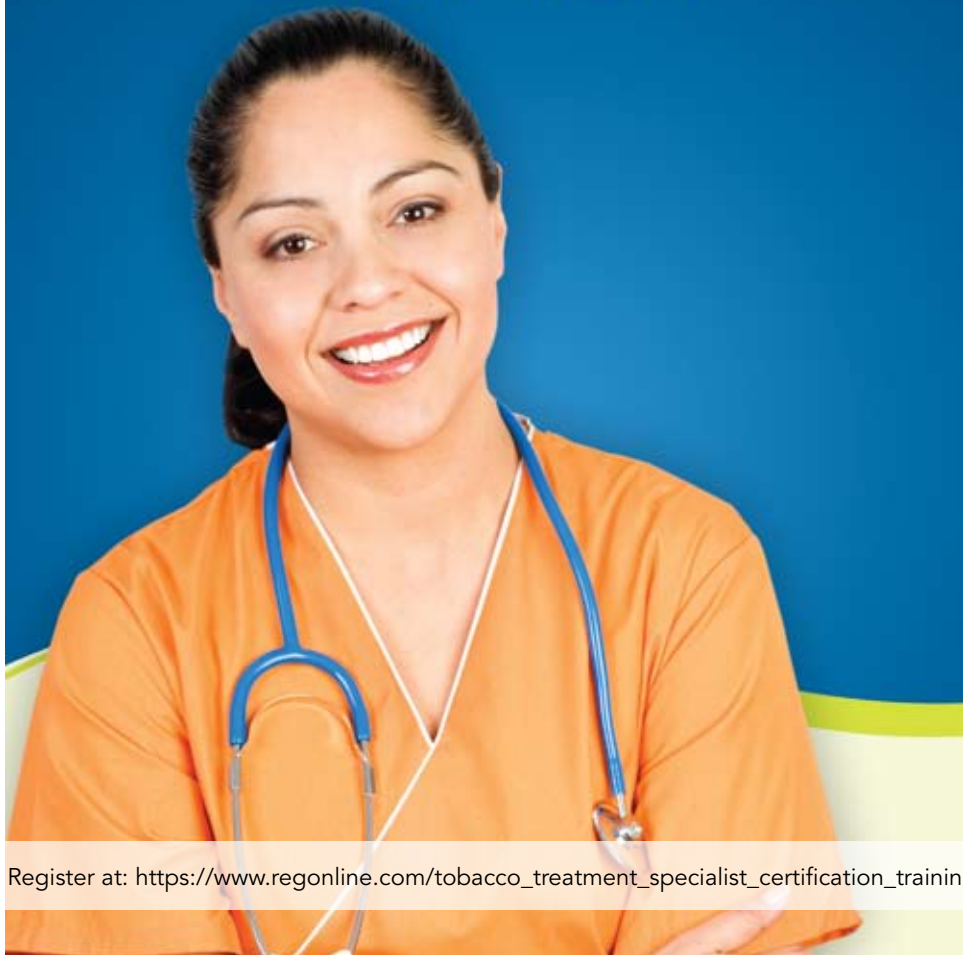




The Breathing Association

Tobacco Treatment Specialist Certification

February 8-12, 2010



Register at: https://www.regonline.com/tobacco_treatment_specialist_certification_trainin

Tobacco Treatment Specialist Certification

Date

February 8-12, 2010

Location

The Breathing Association
1520 Old Henderson Rd.
Columbus, OH 43220

Contact

Laura Atkinson
614.437.1511



The Tobacco Treatment Specialist Certification Course requires prerequisite training in counseling, social work, nursing, or addictions medicine; prior experience in tobacco dependence treatment; and a rigorous post-test. This course has been designed to meet the national standards being developed by ATTUD – the Association for Treatment of Tobacco Use and Dependence. Tobacco Treatment TTS courses will be one week long, and offered twice in 2010. After initial certification, TTS-training individuals need continuing education in tobacco-related subjects to retain certification.

Agenda - Monday, February 8, 2010

7:30am - 8:30am	Continental Breakfast and Registration
8:30am - 9:00am	Registration, Welcome and Introductions
9:00am - 10:00am	Tobacco Dependence: A Chronic Disease Tom Houston, MD
10:00am - 10:20am	Break
10:20am - 12:00pm	Tobacco Use: Epidemiology & Pathology Tom Houston, MD
12:00pm - 1:00pm	Lunch
1:00pm - 2:30pm	Motivational Interviewing Gretchen Clark Hammond, MSW, LSW, CTTS
2:30pm - 2:50pm	Break
2:50pm - 4:30pm	Motivational Interviewing Gretchen Clark Hammond, MSW, LSW, CTTS
4:30pm -	Q & A and Evaluations

Agenda - Tuesday, February 9, 2010

7:30am - 8:00am	Continental Breakfast
8:00am - 9:00am	Motivational Interviewing Review Gretchen Clark Hammond, MSW, LSW, CTTS
9:00am - 9:15am	Break
9:15am - 10:30am	Tobacco Use in Special Populations: Adolescence and Women's Health Issues Tom Houston, MD Motivational Interview Practice Sessions Gretchen Clark Hammond, MSW, LSW, CTTS
10:30am - 10:45am	Break
10:45am - 12:00pm	Tobacco Use in Special Populations: Adolescence and Women's Health Issues Tom Houston, MD Motivational Interview Practice Sessions Gretchen Clark Hammond, MSW, LSW, CTTS
12:00pm - 1:00pm	Lunch
1:00pm - 2:00pm	Ethics Gretchen Clark Hammond, MSW, LSW, CTTS

Continued Agenda - Tuesday, February 9, 2010

2:00pm - 3:00pm	Intake and Treatment Plan Gretchen Clark Hammond, MSW, LSW, CTTS
3:00pm - 3:15pm	Break
3:15pm - 4:00pm	Relapse Prevention Gretchen Clark Hammond, MSW, LSW, CTTS
4:00pm - 5:00pm	Stress Management Basics Ray Dutton, LISW
5:00pm - 5:30pm	Q & A and Evaluation

Agenda - Wednesday, February 10, 2010

7:30am - 8:30am	Continental Breakfast
8:30am - 10:00am	Conducting Group Sessions Gretchen Clark Hammond, MSW, LSW, CTTS
10:00am - 10:15am	Break
10:15am - 11:00am	Q/A session Gretchen Clark Hammond, MSW, LSW, CTTS Tom Houston, MD
11:00am - 11:45am	Evidence-Based-Practice Tom Houston, MD
11:45am - 1:00pm	Lunch
1:00pm - 2:45pm	Pharmacotherapies for tobacco addictions: Rationale for current & Future Practices Tom Houston, MD
2:45pm - 3:00pm	Break
3:00pm - 5:00pm	Pharmacotherapies for tobacco addictions: Rationale for current & Future Practices Tom Houston, MD
5:00pm - 5:30pm	Q & A and Evaluations

Agenda - Thursday, February 11, 2010

7:30am - 8:00am	Continental Breakfast
8:00am - 9:00am	Diversity and Cultural Issues Mary Ellen Wewers RN, PhD: Tobacco Cessation and Appalachia

Continued Agenda - Thursday, February 11, 2010

9:00am - 9:15am	Break
9:15am - 10:15am 10:15am - 11:15am 11:15am - 12:15pm	Diversity and Cultural Issues: Tracy Clopton, MSW: Overview of Diversity In Tobacco Cessation: African American Population Ying Studebaker, RN, CTTS: Tobacco Cessation and Asian Community Iyaad Hassan: Tobacco Cessation and Hispanic Community
12:15pm - 1:00pm	Lunch
1:00pm - 2:40pm	Providing Tobacco Dependence Treatment for Persons With Mental Health or Substance Use Disorder Dale Svendsen, MD
2:40pm - 3:00pm	Break
3:00pm - 4:30pm	Practical Applications with MI/SUD Populations Dale Svendsen, MD
4:30pm - 5:00pm	Wrap Up Q & A MI/SUD Populations

Agenda - Friday, February 12, 2010

7:30am - 8:00am	Continental Breakfast
8:00am - 8:20am	Introduction to Internet Searches/Medical Librarian
8:20am - 9:00am	Environmental Tobacco Smoke Tom Houston, MD
9:00am - 9:45am	Smokeless Tobacco and other Non-Cigarette Tobacco Tom Houston, MD
9:45am - 10:00am	Break
10:00am - 12:00pm	Reality Check: Professional Life of a TTS Gary Mitchell, MSW, LSW, Stephanie Falkner, B.S. CTTS
12:00pm - 1:00pm	Lunch
1:00pm - 2:30pm	Q/A: Test Preparation Discussion Tom Houston, MD
2:30pm - 2:45pm	Break
2:45pm - 4:45pm	Closing Remarks Course Written Test and Evaluation of Overall Program Tom Houston, MD

Speaker Bios:

Tracy M. Clopton, M.S.W.

Tracy Clopton began her public health life purpose with the Centers for Disease Control and Prevention (CDC) in 1987 where she worked as an HIV/STD Investigator in Cleveland, and Philadelphia, and was promoted in 1991 to First Line Supervisor. She then transferred to the CDC Training Center in Atlanta and served as a training supervisor and surveillance supervisor. In 1993 she left CDC to obtain a Master of Social Work degree at the University of Pennsylvania. After graduating in 1995, she served as the Office Manager for Family Health Council's East Liberty Office in Pittsburgh, managing their family planning and prenatal program.

Ms. Clopton came to the Ohio Department of Health's (ODH) Tobacco Use Prevention and Cessation Program in 1997. Partnering with the Public Affairs Office and the Center for Health Promotion, she helped to create the National Public Health Information Coalition Award winning cessation radio and television announcements using real life stories of persons affected by tobacco. Ms. Clopton has developed the first Ohio radio spots promoting protecting children from secondhand smoke for Hispanic, African American and mainstream Ohioans. She has also developed a statewide cessation promotion campaign, reaching such companies as Delphi and General Motors in Dayton, Ohio.

Ray Dutton, MSW, LISW

Ray Dutton is currently a Stress Management Specialist at the McConnell Heart Health Center-Riverside Methodist Hospital. He joined the center in 1997 and provides behavioral health services in the following programs: Cardiac Rehabilitation, Weight Management, Community Health and Fitness and Smoking Cessation.

Prior to joining the McConnell Heart Health Center, Ray was:

- ~ A trauma specialist at the Grant Medical Center-Emergency Room
- ~ A staff member of the Town Pavilion Inpatient Psychiatric unit
- ~ Therapist/Director of Admissions/Outpatient Services, staff member of the inpatient eating disorder/compulsive behavior units and private practice at Harding Psychiatric Hospital for sixteen years.
- ~ Faculty member of the Ohio State University, School of Social Work
- ~ Executive Director of a Community Mental Health Center
- ~ Executive Director of Community Programs at the Louisiana State University Department of Hospitals
- ~ Faculty member of the Louisiana State University, Department of Special Education
- ~ School Social Worker Champaign, Illinois Public School System

Stephanie Falkner, B.S., CDCA, CTTS

Stephanie received a Bachelor's Degree in Psychology from Urbana University in 2003. Since graduating Stephanie has served as a Case Manager for a Mental Health Agency and as a Chemical Dependency Counselor at the Ohio Reformatory for Women working in a Therapeutic Community.

In 2007, Stephanie became a Tobacco Treatment Specialist providing Tobacco Cessation Counseling as an Independent Contractor for the Breathing Association at Licking Memorial Hospital.

Stephanie currently works at West Central Community Correctional Facility as a Chemical Dependency Counselor.

Stephanie has five years counseling experience in tobacco cessation and chemical dependency. Stephanie holds a Certification as a Tobacco Treatment Specialist from the Mayo Clinic and is a Licensed in Chemical Dependency.

Gretchen Clark Hammond, MSW, LSW, CTTS

— Grant Writer/Project Coordinator
Amethyst, Inc.

Gretchen Clark Hammond serves as the Project Coordinator for Amethyst's Integrated Tobacco Treatment Program and as Amethyst's Grant Writer. Ms. Hammond has worked at Amethyst since 1999, after completing her MSW at The Ohio State University where she was honored as the Outstanding Graduate in Social Work Administration. Ms. Hammond is a Ph.D. Candidate in the College of Social work at The Ohio State University and also serves as a Graduate Student Lecturer primarily for social work foundation courses and women's issues. Ms. Hammond has been honored as the Outstanding Graduate Teaching Assistant by the College of Social Work for three consecutive years and is a two-time nominee for the Graduate Associate Teaching Award for The Ohio State University. Her research interests include recovery experiences for women involved in alcohol and drug addiction, and tobacco dependence policy implementation using qualitative methods of inquiry. The University of Toledo honored Ms. Hammond as the 2007 Edward H. Schmidt Outstanding Young Alumni for her contributions to her field, her leadership and service in the community.

Iyaad Hasan, MSN, CNP

Iyaad Hasan is a Certified Nurse Practitioner who has been in nursing practice for over eight years.

- Graduated from Case Western Reserve University with a MSN and a Family Nurse Practitioner degree in 2000
- Member of the United States Public Health Service serving with Immigration Health Service in El Centro, California
- Transferred to Washington DC where he served under the Secretary of Health in the Office of Public Health Emergency Preparedness in 2002
- Returned to Cleveland in 2004 where he joined the Cleveland Clinic, expanding his role as nurse practitioner and managing clinical along with research protocols.
- In 2007 became the Director of Tobacco Treatment Center at the Cleveland Clinic. This center has nine locations along with a community outreach clinic in a very ethnic community of Cleveland.
- He hopes to develop and expand the center more, as well as help individuals stop their nicotine dependence to better their health.

Tom Houston, M.D.

- McConnell Heart Health Center at Riverside Methodist Hospital
Columbus, Ohio

Dr. Houston is currently Clinical Professor of Family Medicine and Public Health at The Ohio State University and is a family physician at OhioHealth. Prior to moving to Ohio in 2005, Dr. Houston held the Jim Finks Endowed Chair in Health Promotion at LSU Health Sciences Center in New Orleans, and was Director of the Louisiana Tobacco Prevention and Control program. Dr. Houston has previously served in academic family medicine at several medical schools. From 1990-2003, he directed the AMA's Tobacco Control and Community Health Programs and headed the national AMA/Robert Wood Johnson Foundation SmokeLess States program. He is the author of numerous publications on tobacco control and smoking cessation, a Senior Reviewer for several Surgeon General's Reports on tobacco, and has made numerous national and international presentations on tobacco control and preventive medicine topics. In 2000, he was Co-chair of the World Conference on Tobacco or Health. He is a recipient of the Surgeon General's Medallion, and is a Fellow of both the American Academy of Family Physicians and the American College of Preventive Medicine. He serves on the editorial board of the *American Journal of Preventive Medicine*, and the AAFP Commission on Health of the Public and Science.

Gary F. Mitchell, D.Min., LSW, CTTS

Gary Mitchell is a certified Tobacco Treatment Specialist and a Licensed Social Worker in the state of Ohio.

- Rev. Dr. Mitchell received his Tobacco Treatment Specialist training from The Mayo Clinic College of Medicine
- Certified in cognitive therapy by The Cleveland Clinic for Cognitive Therapy
- Has a Doctor of Ministry Degree from the Pittsburg Theological Seminary
- Prior appointment as a Smoking Cessation Counselor at Humility of Mary Health Partners at St. Joseph New Start Treatment Center
- Many years of service in pastoral work, social service and cognitive therapy experience

Ying Studebaker, RN, MS, CNS, CTTS

Ying is a licensed Clinical Nurse Specialist in Community Health. Currently she is a Preventive Health Nurse Consultant for small businesses. Her professional interest is to improve the health of community members by teaching them how to develop their health potential with the practice of preventative self-care.

- Over fourteen years of primary and preventive health care experience and over five years of tobacco dependence treatment experience in hospital, primary care, community, and worksite settings
- Clinical leadership experience includes Manager of a primary health care center for vulnerable populations
- Director of Clinical Support of the Ohio Federally Qualified Health Centers
- Director of Disease Management for a national medical management company
- Adjunct faculty at the Colleges of Nursing at the Ohio State University and Wright State University
- Speaks Chinese (Mandarin and Cantonese) and Vietnamese.
- Worked with the Asian community as a volunteer and contractor on various preventive health care projects
- Member of the Asian Pacific Partners for Empowerment, Advocacy and Leadership (APPEAL) which is a national network of individuals and organizations committed to working towards a tobacco-free Asian American and Pacific Islander community

Dale Svendsen, MD

Dale Svendsen, MD, is Clinical Associate Professor of Psychiatry at The Ohio State University where beginning in 2009 he assumed the position as Director of the new Division of Public and Community Psychiatry. Dr. Svendsen's 2001-2007 experience as Medical Director for the Ohio Department of Mental Health provided him pertinent experience and background for the OSU position. His Medical Director leadership focused on clinical quality, especially to improve the care in State Hospitals, to bring evidence based practices to Ohio and to improve collaboration with university, State, community and consumer partners. As Ohio Medical Director, Dr. Svendsen also brought national, State and local attention to excess morbidity and premature death in persons with mental disorders and on ways to improve quality of life and to integrate physical and mental health care. Tobacco use among persons with a mental disorder is a primary cause of poor health and premature mortality and has been a major clinical and educational focus.

Mary Ellen Wewers, RN, MPH, PhD

Mary Ellen Wewers is professor in the Division of Health Behavior and Health Promotion and associate dean for research and faculty development at The Ohio State University College of Public Health. She holds a doctorate in nursing from the University of Maryland and was trained as a nurse practitioner in primary care and has a master's degree in public health from Harvard University. Dr. Wewers has been NIH-funded to conduct tobacco-related research since 1988. This work has focused primarily on underserved smokers. She served as a member of all three U. S. Public Health Service Expert Panels that developed the Clinical Practice Guideline entitled Treating Tobacco Use and Dependence. She has been funded to study tobacco cessation among rural Appalachians who smoke and use smokeless tobacco. This work involved partnerships with community health departments and rural county extension agents. Dr. Wewers serves as Ohio State University Comprehensive Cancer Center Program Co-Leader for Cancer Control. She is also the Co-Director and Co-investigator on a NCI P50 award entitled "Center for Population Health and Health Disparities: Reducing Cervical Cancer". Her work on this initiative includes the investigation of tobacco use and cessation among women at risk for cervical disease who are recruited via health clinics in Appalachian Ohio. Most recently, she was funded through a R21 mechanism to investigate smokeless tobacco marketing approaches among Ohio Appalachians. This work involves testing a novel methodology that characterizes geographical patterning of pro- and anti-tobacco exposures in an economically disadvantaged region. Dr. Wewers served as past chair of the NIH Community-Level Health Promotion Study Section and in 2006, was named a fellow in the American Association for the Advancement of Science (AAAS).



CEU Credits have been applied for to the Ohio Nursing Association, Social Work Board, Chemical Dependency, and Pharmacy Credits.

This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Please call Laura Atkinson at 614-437-1511 for more information about contact hours.

Disclosure

As an accredited CEU provider, The Breathing Association must ensure balance, independence, objectivity and scientific rigor in all educational activities we sponsor. Faculty and planners participating in sponsored activities must disclose any significant financial interests or other relationships. Any potential conflicts of interest will be resolved by content review. All speakers have signed a disclosure and agreed not to discuss any material that could be perceived as a conflict of interest.

Dr. Tom Houston: has received grant support from Pfizer.

Gretchen Clark Hammond: Serves on speaker's bureau for Pfizer.

Iyaad Hasan: serves on speaker's bureau for Pfizer.

The Breathing Association would like to recognize the planning committee:

Co-Chair: Tom Houston, M.D.
OhioHealth - McConnell Heart Health Center

Co-Chair: Laura Atkinson, Ph.D. Candidate (ABD)
Consultant, CEO of Total Wellness
Concepts LLC, The Breathing Association

**Teresa Allton,
RN, MSN, CNP**

Director of The
Lung Health Clinic

Marie E. Collart, Ph.D., RN

President and CEO of the
Breathing Association

**Gretchen Clark Hammond,
MSW, LSW, CTTS**

Amethyst Inc

Gary Mitchell, LSW, CCT

OhioHealth

Cathy Lopienski, RPh

Vice President of Total
Wellness Concepts LLC

Melanie Tidwell, MPH

Manager, Tobacco
Cessation Programs
Office of Healthy Ohio

**Mary Ellen Wewers,
RN, Ph.D.**

Professor, Health Behavior
and Health Promotion,
Associate Dean for Research
and Faculty Development
at The Ohio State University
College of Public Health

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These programs are supported in part by an
education grant from Pfizer pharmaceuticals



Helping you breathe easier.

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