A Century of Service

The Breathing Association has been through many changes over the past 100 years. Originally founded as The Columbus Tuberculosis Society in 1904 by visionary Mary Lou Rahde, we have grown to be the organization we are today. While some things have changed and evolved over time, our mission to provide education, detection, and treatment for lung disease as the leading resource for promoting lung health and preventing lung disease through education, detection and service. Our 100th anniversary celebration this year is an opportunity to honor those that have contributed to the history of this organization. We truly give thanks to the corporations, organizations, and individuals that give us their support. For a complete listing of all supporters please refer to our Donor List.

Our Supporters Are Our Strength

We rely greatly on the support of the corporations, organizations, and individuals that give us our support. For a complete listing of all supporters please refer to our Donor List.

2006-2007 Board of Trustees

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Ohio Tobacco Prevention Foundation

The Columbus Foundation

United Way of Central Ohio

The Breathing Association serves the community as the leading resource for promoting lung health and preventing lung disease through education, detection and service.

Mission Statement:
The Breathing Association serves the community as the leading resource for promoting lung health and preventing lung disease through education, detection and service.

We receive the Ohio Non-Profit Excellence Award, in recognition of excellence, dedication and service, for our leadership in Smoke Free Columbus. We were also awarded the 2006 Ohio Cup for our efforts to educate citizens about the dangers of smoking and fight to make the area a smoke free environment. We are also celebrating the defeat of Issue 4 and the passing of Issue 5 for a SmokeFreeOhio. This is truly a win-win situation for everyone!

We are also celebrating the 100th anniversary celebration this year is an opportunity to honor those that have contributed to the history of this organization. Without the help and support of countless trustees, staff, donors and volunteers over the year, we could have never reached this milestone. We give special thanks to all donors for their generous gifts, services and volunteer support. The foundation is being set for the next 100 years!

Several things have added to the excitement of our Centennial Celebration. We received the Ohio Non-Profit Excellence Award, in recognition of excellence, dedication and service, for our leadership in Smoke Free Columbus. We were also awarded the 2006 Ohio Cup for our efforts to educate citizens about the dangers of smoking and fight to make the area a smoke free environment. We are also celebrating the defeat of Issue 4 and the passing of Issue 5 for a SmokeFreeOhio. This is truly a win-win situation for everyone!

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It’s hard to imagine a year filled with more excitement and activity than this past one. However, we have a lot of work ahead of us, and new challenges for the upcoming years.

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This year has been filled with celebration and progress. We have added our new staff, restructured the organization and expanded the list of services we can offer to those in need.

Our mission is to provide education, detection, and treatment for lung disease as the leading resource for promoting lung health and preventing lung disease through education, detection and service.
The Breathing Association provides several direct service programs that help promote lung health, prevent lung disease, help individuals with diagnosed lung health disease live a better life and maintain the health and quality of life for low-income and minority populations. The Breathing Association is a United Way supported agency.

**Tobacco Cessation**
Provides “Quit for Good” tobacco cessation services to adults and screening to pregnant women at 14 sites throughout Franklin County using a combination of counseling, pharmacotherapy, and relapse prevention. Also funded by the Ohio Tobacco Prevention Foundation.
- Served 1,118 adults.
- Provided education to 77 physicians.
- Provided educational programs to 500 individuals.
- Conducted 2,915 physician screenings.
- Increased cessation rate from 21.5 to 27%.

**Tobacco Prevention**
Provides multi-week skill education to children grades K-6 to help prevent the onset of smoking.
- Provided tobacco education to 1,265 children.
- Increased knowledge regarding healthy tobacco free behaviors 100%.

**Asthma Access**
Provides access to care through home and clinic based asthma management programs.
- Provided home and clinic based services to 296 individuals, mostly children, with asthma.
- Provided educational services to 250 individuals.
- Obtained funding from Wendy’s International Foundation and multiple other donors for asthma camp and parent education for 20 children.
- Obtained funding from The Columbus Foundation for a community partnership in asthma outreach services with New Salem Missionary Baptist Church.
- Obtained funding from the Harry C. Moore Foundation for the “Be Aware of Dirty Air” campaign to raise program awareness of the dangers of dirty air to their child before and after birth.
- 78% of program participants reported improved health status as a result of the services provided.

**COPD / Pulmonary Rehabilitation Program**
Provides home-based pulmonary education services for better breathing and improved health status.
- Provided home-based services to 136 seniors with COPD.
- Provided Better Breathing Club support services to 36 individuals.
- Provided educational seminars to 336 individuals.
- 69% of clients reported improved health status as a result of the services provided.

**Medical Supplies**
Provides free lung health medical supplies and prescription assistance to low-income persons diagnosed with lung health disease. Operated in cooperation with Kroger, Meijer, and numerous other drug stores, the program is also funded by Gerbig, Snell/Weisheimer & Associates and Gerbig, Snell/Weisheimer & Associates.
- Provided medical supplies to 49 low income persons.
- Provided air conditioners to 1,086 low income persons.
- Provided prescription assistance to 43 low income persons.
- Provided educational seminars to 110 low income persons.
- Our air conditioner program, Project AirCare, started in 1988, was a national pilot program now provided in every state.
- 90% of applicants gained access to medical supplies through the program.

**Home Energy Assistance Program (HEAP)**
A newly established year-round HEAP site targeted to serve the elderly and individuals with a medical need. The program provides year round home energy assistance and expands Project A/Care to a Summer and Winter Grant Program. Funded by the Ohio Department of Development, Office of Community Services, in the first 5 months of operation the program, in cooperation with the Medical Supplies program.
- Provided energy assistance payments to 768 customers.
- Referred 139 persons to lung health programs.
- Provided PIPP budget plan services to 132 persons.

**Financial Summary**
Operating Revenue - Fiscal Year Ending June 30, 2006
- Total Income $1,954,883
  - Investments 11.78%
  - Grants 46.77%
  - Other 1.70%
  - United Way 11.81%
  - Public Support 17.83%
- Operating Expenses - Fiscal Year Ending June 30, 2006
  - Total Income $1,796,238
  - Investments 11.71%
  - Grants 2.90%
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